

**LAFOURCHE PARISH
DRUG TREATMENT
COURT**

Adult Program

PARTICIPANT HANDBOOK

WELCOME TO OUR PROGRAM

We welcome you to the Lafourche Parish Drug Treatment Court. We're happy to have you as part of our program, and commit to working with you toward your recovery from chemical dependency.

We ask that you also make a heartfelt commitment to yourself and to your program. It will be vital to your recovery. Together, we can create positive changes in your life.

Our program is designed to provide long term, graduated treatment to chemically dependent offenders referred to us from the 17th Judicial District Court. You will learn that you are not alone and will meet others who have experienced a life of being chemically dependent. Our program is designed to teach you better ways of coping and adjusting to a drug-free lifestyle.

This handbook was designed to provide you with general information. Share it with your family and friends who support your recovery. The handbook is to be used as a guide. Keep it at hand as a reference. If you have any questions, please feel free to ask your counselor or any treatment staff.

Again, welcome, and we wish you success in your recovery.

Sincerely,

THE LAFOURCHE PARISH DRUG TREATMENT COURT STAFF

We reserve the right to make changes in this manual without prior notice to the participants.

TABLE OF CONTENTS

WELCOME TO OUR PROGRAM	2
INTRODUCTION	5
PROGRAM PHILOSOPHY	5
WHAT IS A DRUG TREATMENT COURT?	5
PARTNERSHIP	5
CONFIDENTIALITY	6
FINANCIAL OBLIGATION	6
GETTING YOUR QUESTIONS ANSWERED.....	6
PARTICIPANT REQUIREMENTS.....	8
EQUAL OPPORTUNITY	8
SAFETY, HEALTH AND LIFE THREATENING SITUATIONS	8
MEETINGS	8
DRUG SCREENING.....	9
EMERGENCY CLOSURE OF DRUG COURT	10
TREATMENT PHASES	10
STATUS HEARINGS	11
INCENTIVES & SANCTIONS.....	11
MEDICAL SCREENING/LABWORK.....	18
HIV/AIDS EDUCATION.....	18
PREGNANCY TESTING/EDUCATION	18
CASE MANAGEMENT	18
EDUCATION/VOCATIONAL TRAINING.....	18
EMPLOYMENT	18
GENDER COUNSELING.....	19
CULTURAL COUNSELING.....	19
FAMILY EDUCATION/COUNSELING	19
PEOPLE, PLACES AND THINGS.....	19
REFERRALS.....	19
GRADUATION.....	20
ARTICLE 893/894	20
RULES/RESPONSIBILITIES	20
DRESS CODE	20
GENERAL DRESS CODE.....	20
COURTROOM DRESS AND BEHAVIOR.....	20
TREATMENT GROUP TARDINESS AND ABSENTEEISM.....	21
PARKING	21
CONDUCT.....	21
CARDINAL RULES	21
SMOKING AREAS.....	22
PERSONAL POSSESSIONS.....	22
PERSONAL TELEPHONE CALLS	22
LITTER	22
FOOD, BEVERAGES, CONSUMABLES.....	22
PRESCRIPTION MEDICATION	22
RE-ARREST	23
REVOCAION	23
CONTRACT AND REFERENCE DOCUMENTS	24
PARTICIPANT CONTRACT	24
TYPICAL PHASE I DAILY SCHEDULE	25
PHASE I PROGRAM REQUIREMENTS CHECKLIST.....	26
TYPICAL PHASE II DAILY SCHEDULE.....	27

PHASE II PROGRAM REQUIREMENTS CHECKLIST	28
TYPICAL PHASE III DAILY SCHEDULE	29
PHASE III PROGRAM REQUIREMENTS CHECKLIST	30
PHASE IV SCHEDULE	31
PHASE IV PROGRAM/GRADUATON REQUIREMENTS CHECKLIST	32
GRADUATION REQUIREMENTS	33
MEDICATION LIST/ EXAMPLES OF APPROVED SUBSTANCES.....	34
EXAMPLES OF NON-APPROVED SUBSTANCES	35
RECOVERY COMMUNITY MEETING SCHEDULE	36

INTRODUCTION

PROGRAM PHILOSOPHY

Alcohol and substance use disorders are regarded as diseases, which are progressive and can be fatal without intervention. The causes are multiple and may involve physiologic, emotional, environmental, and social factors.

The Lafourche Parish Drug Treatment Court is an intensive outpatient treatment program designed for the rehabilitation of chemically dependent adults who are referred by the 17th Judicial District Court.

The program supports the philosophy that all people are capable of living free from dependency on alcohol or other drugs by utilizing appropriate adaptive mechanisms, availing themselves of the resources of family, friends, community and treatment, and also structuring a suitable recovery environment. The Lafourche Parish Drug Treatment Court is designed to treat most participants within a program structured to meet individual needs. Educational sessions, group therapy, individual and family therapy, community-based recovery programs and case management are structured in a disciplined environment.

For those participants, who, because of their long history of substance abuse experience withdrawal symptoms severe enough to interfere with daily living, detoxification will be required. Participants unable to maintain sobriety while participating in the program may require inpatient treatment in order to provide some stability in which to cope with their substance dependency. Halfway houses for long-term structured treatment may also be necessary.

WHAT IS A DRUG TREATMENT COURT?

A Drug Treatment Court is a special court given the responsibility to handle cases involving chemical using offenders through a combined supervision and treatment program. The program includes frequent drug testing, judicial and probation supervision, drug counseling, treatment, educational opportunities and the use of sanctions and incentives. The Judge is much more involved in supervising drug court offenders than just placing an individual in a probationary or diversionary program for drug treatment. ***At any time during your participation, you could be terminated from the program by the Drug Court Judge for not complying with the rules and the treatment plan developed. Termination from the Drug Court Program will result in the revocation of your probation and imposition of your sentence.***

CLINIC AND STAFF

This facility is licensed by the Louisiana Department of Health and Hospitals as an Outpatient Substance Abuse Clinic. We have three Departments and functions:

- Administration – provides planning and management, program support, personnel and fiscal services.
- Treatment – provides assessment, treatment planning, group and individual therapy. All are licensed or certified by relevant boards per DHH Standards.
- Case Management – provides records management, support services, and referral to other agencies.

All staff members work to provide the court with drug testing and results.

At times, other treatment professionals may be called in to provide specialized therapy. For example, a client may be referred for additional therapy with a treatment specialist for victims of sexual trauma or exploitation. These referrals are made as a Treatment Team decision and arranged by staff. **It is professionally unethical and often counterproductive for a person to engage more than one therapist without knowledge and consent of both therapists.** If you are already seeing a therapist when you come into drug court, inform the treatment staff before treatment begins so that both therapists can decide whether dual treatment will continue, and if it does, who will handle what issues. **If your drug court therapist leaves the drug court program during your treatment, another therapist will be assigned to you. You may not see your former drug court therapist privately without the knowledge and agreement of the Treatment Director of Lafourche Parish Drug Treatment Court.**

PARTNERSHIP

You have joined a unique partnership with the Judge, District Attorney, Public Defenders, Probation Officers and Treatment Professionals. The treatment team consists of a Coordinator, Treatment Director, Medical Director, Counselors, Case Managers, and support staff. We are dedicated to helping you with your recovery. Our responsibility to you is to teach living and coping skills and to be a support system while you make the necessary changes in order to remain clean and sober. You will be involved in the decision making process.

The criminal justice community is wishing you great success with your recovery and is dedicated to working with you to make the necessary changes. They do not want you to be imprisoned. They have taken the risk to put this program together for you and support the decision you have made to enter treatment.

CONFIDENTIALITY

You have the right to limit access to your records. Under normal circumstances, no information may be released by staff without your written consent. Exceptions include threats of physical violence to self and/or others, emergencies, court orders, and child abuse under certain limitations.

Confidentiality is also essential in group therapy. Anything that is discussed in group must remain within the confines of the group. **No information pertaining to any participant should be discussed outside of group, including identifying a person as being part of the program.**

FINANCIAL OBLIGATION

All participants are required to pay a \$110.00 intake fee upon entering the program; in addition to paying fees weekly. Currently the program fees are \$25.00 per week for all Phase participants, but are subject to change. The ability to pay the intake fee is not used to determine whether a client is eligible/suitable for, or acceptable to the program. All fees are to be paid by cash or money order (no checks). Fees can be paid during business office hours – 8:30am to 4:30pm M-F. The Coordinator or Treatment Director may collect fees before evening group sessions if practical (check with them). Always get a receipt for payments. You are required to pay your drug court program fees at the drug court office on a weekly basis. Payment of fees is a part of your treatment requirement. Failure to pay fees may be viewed as non-compliance by the court, and can result in sanctioning, or delayed advancement/graduation. If the Drug Court Judge notes that you have a high fee balance, he may require you to meet with your Counselor or the Case Manager: to set up a budget, determine your ability to pay fees, or determine whether you are indigent.

Clients who have been determined to have the ability to pay and have a high fee balance will receive special attention from the judge. He may order regular payments of a certain amount (sometimes referred to as the “Friendly Payment Plan” or FPP). If so, that required payment begins the next week from the time of the order. So... you have the rest of the “order” week and all of the next week (Friday deadline) to make arrangements to meet that required payment for your next court date.

Any Drug Court participant with court related financial obligations, i.e., restitution, court costs, and fines will make court approved payments on a regular schedule, and provide documentation of payments. Amounts and payment schedules are to be established by the court. If you cannot make the payment, discuss your situation with your probation officer or the court Bailiff, to see if other arrangements can be made. If it is determined that you have the ability to pay, but are not making timely payments, your advancement or completion of the program may be delayed. The Drug Court staff cannot advise you about these court ordered fees and fines.

GETTING YOUR QUESTIONS ANSWERED

When you aren’t sure what to do, we suggest you seek an authoritative source rather than ask someone else in drug court (sometimes peers give the wrong answer).

We designed your Handbook to answer your general questions. Most of the time it is up to date, accurate and dependable (sometimes even staff members give the wrong answer).

Below is a list of “authoritative sources” for various questions:

For Information About	Seek
General Rules and Responsibilities	Your Handbook
Appointments and Referrals to Agencies	Case Management
Support Services like housing and training	Case Management
Treatment issues	Your Primary Counselor
Conflicts and personal problems	Your Primary Counselor
What, when, where and how to do sanctions	Sheriff’s Community Service Department
Home Incarceration & probation schedules and rules	Your Probation Officer, Sheriff’s Office (Block Bldg)
Community Service	Sheriff’s Department (Block Building)
Your Fees and balances	Office Manager, Data Manager, clerk
Medications – what you can or can’t take	Handbook, Treatment Director
General Information on Sanctions	Your Primary Counselor or Case Manager
Being ill and need to go home, etc.	Primary Counselor (if counselor out, Treatment Director) Be sure to talk to them directly and follow directions
Knowledge of another client’s misconduct	Primary Counselor or Private meeting with the Judge
Not being able to come in for a required appointment	1. Your Primary Counselor, 2. the Treatment Director; 3. the receptionist, 4. if all else fails, leave a voice mail
Vocational needs and referrals	Court Case Manager
LRS qualifications, appointments, offerings	Your LRS Counselor
Employment/Productivity	Case Manager

We also suggest that you follow a Chain of Authority for problems with the program, staff or other participants. Start with your primary counselor or case manager. If you are unable to resolve your problem with the person directly responsible, then you may seek their supervisor, the Coordinator and, ultimately, the Judge.

PARTICIPANT REQUIREMENTS

EQUAL OPPORTUNITY

You have the right to receive treatment services without discrimination as to sex, race, creed, color, religion, national origin, sexual preference, marital status, or physical disability.

SAFETY, HEALTH AND LIFE THREATENING SITUATIONS

Safety is everybody's responsibility. The clinic joins with you in a desire to prevent the tragedy, pain and economic loss due to accidents. Safety rules are posted on clinic bulletin boards for your convenience. Evacuation routes are posted in the drug court suite and group rooms. Study them and be prepared to evacuate in an emergency. Take evacuation drills seriously and cooperate fully.

If you are injured while at drug court, our staff is trained to take immediate action to prevent further injury and help you. If you believe that you require medical attention, they will assist you in calling someone, as we do not have medical personnel on staff or in the courthouse. If you incur expenses in obtaining medical attention for an injury that happens at drug court, you may ask us for a form to file a claim with the parish.

If you have an infectious illness, notify your counselor or other staff person, and seek medical advice.

If you become pregnant during your participation in drug court, notify your counselor.

As you reorganize your life, some people will be happy about it, some will not. If you are harmed, threatened or intimidated by someone, take appropriate action. Report it to the police if there is an immediate danger; or to your counselor if you don't feel like you're in immediate danger. We'll do our best to ensure your safety, even in the community. Likewise, if you become agitated and aggressive and you fear that you will harm someone else, take appropriate action. Remove yourself from the immediate situation, wait until you're calmer and talk to your counselor. WE CAN HELP.

If you become suicidal, take effective and responsible action right away. Commit to not harming yourself. Suicide is a permanent solution to a temporary problem. WE CAN HELP. During work hours, call your counselor (or any of our counselors if yours is unavailable) and talk with him or her about what's causing your desperation. If it's after hours, go to any hospital emergency room. Every ER in our region has a commitment to treat suicidal patients, and procedures for the services of an "on call" mental health professional. If you're unable to get safely to an ER, call 911 for assistance. The State contracts for a Crisis Assistance Link Line that operates 5pm to 5am and weekends and holidays at 1-800-437-0303.

MEETINGS

You are expected to attend and participate in all required treatment meetings. Plan your schedule so that attendance at drug court activities is your priority. Many things will pull you in different directions, but drug court must take precedence. Drug Court judges often remind clients that they may land in jail for missing an appointment. If an emergency arises and you cannot make a meeting, CALL YOUR COUNSELOR. If your counselor is not in, leave a message. Our phone system is set up so that the date and time of your call is recorded, providing evidence that you attempted to alert us. Be prepared to present evidence documenting the reason that you were delayed – doctor/hospital documents, receipts for road assistance, etc. Even if your absence is excused, you will be required to make up the session.

"Vacations" and outings that interfere with drug court obligations are not ordinarily permitted. On rare occasions of special significance, if they are in keeping with your recovery goals and are supported by your progress in the program, the judge may permit short leave. Your counselor will discuss your request in clinical staffing. If travel outside your DOC district is required, your probation officer will be contacted. Finally, the judge will make a decision. Because the process is lengthy, ask far ahead of the event.

At drug court sessions of any kind, we expect that you will be attentive, respectful and participating. Your progress (or consequences) will depend on it.

You are also required to present verification of self-help meetings each week. We believe that connecting you with the self-help community will help maintain your sobriety after drug court and provide you with readily available resources if staying sober becomes difficult. Regular participation will foster and support your recovery. The fellowships will help you see how others with similar problems have recovered from their addictions. Very few people addicted to substances maintain recovery without a support system. You will be required to obtain a same sex sponsor who has a minimum of three years sobriety. There are several programs available to you including Alcohol/Narcotics Anonymous (www.aa.org and www.na.org), Save Our Sobriety (<http://www.sossobriety.org/>), Rational Recovery (www.rational.org) Life Ring Recovery (www.lifering.org) Smart Recovery (<http://www.smartrecovery.org>). You may know of other programs for recovery. When you find a recovery program and sponsor that appeal to you, present it to your counselor for approval by the Treatment Director.

Once you start recovery meetings, verification of self-help participation is required (bring green sheet to court). We'll provide you with a sheet for documentation. Most self-help groups will have a procedure for such documents, but if they don't,

you'll have to find a group/method that satisfies program requirements. Always try to find a group with members similar in age and addiction issues so that you'll get the most out of the meetings. Ask staff for recommendations. If you lose your documentation, most groups have process for "reconstructing" it. Work with the meeting leaders to prove your attendance and "redo" your document before court. If we suspect falsifications, we'll investigate. Consequences for falsifying/forgery are harsh.

We value our relationship with the self-help community. We expect that you will use the opportunity appropriately – arriving on time, listening attentively, participating for the entire meeting, being polite and respectful. If your group becomes discouraged with Drug Court participants, they may drop their support of our clients and you may have to travel further to gain the required support of a recovery program. **These programs are an integral part of maintaining a life of sobriety – use them wisely.**

DRUG SCREENING

A condition of this program is that you are subject to drug screening at any time by the program staff or probation officer. You are not permitted to use alcohol, illegal drugs, certain prescription drugs; or substances banned by our program, court order or governmental orders while in drug court. See notes in the section on Medications in this manual. You are required to provide a personal, unadulterated, undiluted urine sample and submit to Intoximeter testing on a regular basis to monitor progress. A same-sex staff member will supervise all specimen collections. All positive test results can be confirmed (tested a second time, using a high level test by a licensed laboratory) by clients. If you deny use, a confirmation test will be required at your expense. If the result is again positive, you will be charged an additional fee of \$50.00. If the confirmed result is negative, your confirmation fee will be credited to your fees (a maximum of 2 confirmation refunds will be allowed for the duration of the program). At times, you will also be required to submit to other recognized drug abuse monitoring techniques such as sweat patches and saliva tests. Urinalysis results and/or other monitoring techniques will be documented and made available to the court. Drinking large quantities of liquids before urinalysis may result in a diluted sample. Failing to show for a screening, stalling (unable to provide a sample) and diluted samples all will be counted as an automatic positive, and subject you to sanction. Use of artificial devices, substitute urine, or adulterants is grounds for severe sanctions and possible dismissal from the program. If you miss a test, it is a sanctionable offense. You are required to present yourself for testing at the first available day of Drug Court operation. Your compliance with this directive, your reason for missing, and any other responsible actions you take (such as getting independent testing [observed urine sample, full panel + EtG]), will be considered by the judge in assigning a sanction.

Random testing is conducted every day, including weekends, most holidays, and at special times as directed by the program; but may be done at any time. You will be assigned a call-in code for random testing. **You must call 1-800-494-1250, DAILY; Monday - Sunday between 6 AM and 9 AM**, and follow the instructions to determine if you must report for testing. Be sure to call within the 6 AM to 9 AM time frame, since the message will not play before 6 AM and will shut off after 9 AM. If you do not call the testing line and you just show up for testing:

- 1) Testing staff will **NOT** check chain of custody sheets to tell you whether or not you are scheduled to test, **SO DON'T ASK.**
- 2) **If you are NOT scheduled for testing and get in the testing line and submit a sample, you will be charged a \$75.00 fee (unless treatment requests a test).**
- 3) You will still be held accountable for not calling the testing line, and will face sanctioning for non-compliance.
- 4) The easiest way to avoid the \$75.00 fee and sanctioning is to call the testing line daily, within the hours the system is on (6 AM to 9 AM) to determine if you are to test.

The random weekend and holiday testing is at Probation and Parole, 1404 Tiger Drive in Thibodaux. You report for testing at the following times and places:

All testing on Mondays	2:00 PM	Courthouse
Morning Clients (Tuesday – Friday)	10:30 AM	Courthouse
Evening Clients (Tuesday – Friday)	7:30 PM	Courthouse
Weekend and Holiday Testing – All Clients	9:00 AM	Probation and Parole Office

Based on sample collection experiences across the nation and advice by the laboratory we use, we have developed our local procedures. Here are our standards for urine sampling (and why):

We test frequently – 1. It's part of our contract with the Supreme Court. 2. Frequent testing will help prevent drug use.

Remove outer garments – to ensure that nothing is hidden that might corrupt testing.

Wash your hands (using soap and water) before testing – 1. It’s sanitary. 2. Clients may try to hide adulterant chemicals in hands or under nails.

Women – raise your blouse; turn around, squat and cough – to ensure that no devices are hidden on or in body cavities.

Men – drop your trousers below your knees – to ensure that no devices are hidden on your body.

We’ll hand you a cup – make sure the seal is not broken – that’s for your confidence.

Position yourself where we can see the urine coming out of you – it’s the only way we can be pretty sure it’s yours.

Produce a sample and cap the container. Keep it with you until it’s sealed in a bag. – for your confidence.

Place your cup on its side on the tray provided - to make sure it’s not leaking. You may be charged for leaks in transit.

Make sure that no other client takes your cup and that only your cup is on the tray – this prevents a client who is using drugs from swapping cups with you. Your cup is your responsibility.

Show us the temperature strip – it must be at proper body temperature to pass.

Check the Chain of Custody Form – make sure it’s your name.

Sign the form and initial the seal – this is to verify that you’ve checked everything.

Seal the sample with the seal you initialed, put the label, and put it in the individual bag – all designed for your protection.

EMERGENCY CLOSURE OF DRUG COURT

At certain times, usually for severe weather conditions, it becomes necessary to temporarily close drug court operations. On those occasions, all drug court participants who missed their regularly scheduled drug test due to emergency closure must report to the drug court office for drug testing on the day the office has been reopened for services after emergency closure. Morning groups will report at 9:00 a.m. and evening groups will report at 6:00 p.m. the day of re-opening. Participants must telephone the drug court office for directives in such circumstances. Directives will also be posted on the front door of the courthouse building and voice messages will be posted on extension 2 of our office at (985) 446-1970.

TREATMENT PHASES

You are required to complete four treatment Phases before graduation from the Drug Treatment Court program:

Phase I: Program meets three days a week in either morning group (9:00 AM - 12:00 PM Monday, Wednesday, and 9:00 AM – 12:00 PM Friday) or evening group (2:30 PM on Monday on Court day, 6:00 PM – 9:00 PM Wednesday and 5:30 PM - 8:30 PM Friday). The duration of Phase I is a minimum of 8 weeks. After 8 weeks, moving up to Phase II is contingent upon regular attendance, 3 weeks clean drug screens, positive motivation and participation, and completion of *Phase I Advancement tasks. If advancement has not occurred after 8 weeks, client will be responsible for 1 self-help meeting weekly, and have contact 2 times a month with recovery sponsor.

Phase II: Program meets two days a week in either morning group (9:00 AM – 12:00 PM Tuesday and Thursday) or evening group (6:00 PM – 9:00 PM Tuesday and Thursday). The duration of Phase II is a minimum of 20 weeks. After 20 weeks, moving up to Phase III is contingent upon regular attendance; ongoing negative drug screens results for 6 weeks, 1 self-help meeting weekly, and have contact 2 times a month with recovery sponsor, positive motivation and participation, steady employment, completion of *Phase II Advancement tasks, and all fees paid and current.

Phase III: Program meets once per week, either morning group (9:00 AM – 12:00 PM Wednesday) or evening group (6:00 PM – 9:00 PM Wednesday). The duration of Phase III is a minimum of 20 weeks. After 20 weeks, moving up to Phase IV is contingent upon regular attendance, ongoing negative drug screen results for 10 weeks, 2 self-help meetings weekly and have contact once a week with recovery sponsor, identification of

long-term goals, positive motivation and participation, steady employment, completion of *Phase III Advancement tasks, and all fees paid and current.

Phase IV: After completing the phases of primary treatment above, clients graduate to final phase formerly called Aftercare. This final component is a step-down system where each client attends group twice a month, appears in court monthly, ongoing negative drug screen results for 16 weeks, 2 self-help meetings weekly and have contact once a week with recovery sponsor, completion of *Phase IV Advancement tasks, and all fees paid. Normally, any positive findings for drugs or alcohol in this phase will result in a requirement to repeat the Phase IV, but more severe sanctions may be imposed by the judge based on the severity of the offense.

***The Phase Advancement Tasks are included in this handbook beginning on page 20.**

Advancement or graduation is a process, involving many parts. In addition to your part in meeting the objective criteria (in the handbook), information is considered from your counselors, probation officer and any other source over a period of time. Staff shortages and workload or delays in receiving/processing information may interfere with advancement. Once all information has been received and processed, the recommendation for graduation/advancement is made by the committee considering the listed requirements and a group decision of your readiness for advancement or graduation by committee members.

STATUS HEARINGS

You are required to attend regular scheduled status hearings to notify the Judge of your treatment progress. Your assigned counselor will complete a status report in conjunction with each scheduled court date. Rewards and praise are given for progress. Sanctions are imposed by the court for non-compliance.

Family and friends are invited to attend your status hearings, where space is available. Do not bring children to court without an additional adult.

You are required to report on the next available court date for Status Hearing (whether or not your Phase is due) if any of the following circumstances apply:

- You return from placement (inpatient, halfway house, Revocation Center, etc.)
- You miss a required activity (group, drug screening, court, etc.)
- Legal Issues (AWOL, arrest, etc.)
- Drug Screen Issues (confirmed positive, observed to be in a bar or purchasing/possessing alcohol, drugs, etc.)
- You commit any act that is likely to result in a change of status (demotion, revocation, expulsion, etc.)
- You are advised by staff to report

INCENTIVES & SANCTIONS

Incentives are rewards for responsible and positive behaviors. Our “Gotcha!” incentives program provides rewards at several different levels. These rewards range from seeing the Judge and leaving early from court, to inspirational quotes. Clients can be recognized and rewarded for positive behavior at group or during court. The following is a list of possible “Gotcha Bucket” rewards:

1. Community Service Work (CSW) Extension—one time extension between client and judge/the court; only a 2 week extension. CSW sanction can be extended only once.
2. Friendly Payment Plan or Home Incarceration Payment Plan-Postponement—Does not mean client will not be charged fees, it just means clients do not have to pay the judge’s fee deal of \$50 every week for a period of 2 weeks; client cannot be sanctioned—1 day jail—if they do not meet the requirement; must present ticket to judge in regular court.
3. ‘Front of the Line’ -for drug screening—Can use incentive during court days, group session days and weekend testing. Client must submit ticket to testing personnel in order to redeem; testing personnel, if used during weekend testing, should turn ticket in with all other weekend testing paperwork. Don’t forget to initial the ticket once it’s turned into you.
*Do not accept from client if they did not test first.
*More than one client can redeem @ the same time.
4. ‘Front of the Line’ -court—Client should give incentive ticket to treatment staff. Treatment will prompt judge with ticket—judge to decide how he will call them up—before boykins, revocations, sanctions, particular phases, etc.
5. Gift Card Gotchas!—Must be redeemed @ front office from front office personnel during regular business hours—8:30 AM to 4:30 PM. Ticket should be turned into office upon receiving the actual gift card. Front office personnel will complete the gift card transaction and keep records of such.

6. 'Late to Group'—client will not be required to make up group when they present this ticket. {There is a 15 minute grace period for every client; 15-20 minutes beyond, then the client ordinarily will be required to make up the group}. With this ticket, the client can be past 15 minutes but no greater than 20 minutes and not be required to make up the group—however, beyond 20 minutes of group start time, the ticket is invalid.
7. 'Forgot green sheet'—If client forgets green sheet, they should provide ticket to treatment staff before regular court; it will not be necessary for client to discuss issue with judge. Client still required to submit green sheet during the next group attendance.
8. Missed 1 self-help meeting—if client is short 1 meeting, they should submit ticket with their green sheet and treatment staff will sign green sheet w/ incentive pass: date and signature—ticket should be turned into treatment director; the ticket only saves you from a court sanction, you are still required to attend a makeup meeting; it will not be necessary for client to discuss issue with judge. **Staff to sign green sheet in place of missed meeting, "Gotcha!—signature with Date"**.

Sanction means that if you fail to follow through with your responsibilities, there will be consequences. There is a wide range of sanctions available that the Judge could impose, ranging from verbal reprimand to dismissal from the program and serving your jail sentence. Participants charged with a DWI who present with a positive drug test may receive an automatic jail sanction. Every phase requires a certain number of weeks sanction free time to advance to the next phase. Phase I requires being 1 week sanction free before advancement. Phase II requires 2 weeks. Phase III requires 4 weeks without sanctions for graduation eligibility. This refers to the time period following completion of the sanction.

ADULT SANCTIONS LIST

This list of prescribed sanctions is a guide and always a work in progress to be reviewed periodically. Sanctions customized to the individual are encouraged. Any sanction can be increased or decreased by the court in its discretions. The court may revoke probation at any time. In addition to judicial sanctioning, a therapeutic adjustment or treatment plan adjustment will often lead to client improvement.

Periods of sanction free time will be included in Phase Advancement Tasks according to the following schedule:

- PHASE I REQUIRES 1 WEEK SANCTION FREE TIME TO ADVANCE TO THE NEXT PHASE
- PHASE II REQUIRES 2 WEEKS SANCTION FREE TIME TO ADVANCE TO THE NEXT PHASE
- PHASE III REQUIRES 4 WEEKS SANCTION FREE TIME TO ADVANCE TO THE NEXT PHASE
- PHASE IV REQUIRES 16 WEEKS SANCTION FREE TIME

Event: Positive Drug Screens—Sanctions and Therapeutic Adjustments		
	Punitive from the Court	Therapeutic Adjustment Suggestions
1 st Positive	<ul style="list-style-type: none"> • 16 hrs. CSW 	<ul style="list-style-type: none"> • Increased testing
2 nd Positive	<ul style="list-style-type: none"> • 32 hours CSW 	<ul style="list-style-type: none"> • Increased testing • Consider inpatient referral • Begin self-help attendance
3 rd Positive	<ul style="list-style-type: none"> • 1-2 days jail • Can report on weekend 	<ul style="list-style-type: none"> • Increased testing • Inpatient referral • Begin self-help attendance • Obtain sponsorship within 30 days
4 th Positive	<ul style="list-style-type: none"> • 2-3 days jail • Can report on weekend; may owe 2 consecutive weekends 	<ul style="list-style-type: none"> • Increased testing • Relapse Prevention groups • Increase self-help attendance • Obtain sponsorship within 30 days • Consider HWH/residential placement
5 th Positive	<ul style="list-style-type: none"> • 3-4 days jail—Take same day • Home Incarceration 	<ul style="list-style-type: none"> • Increased testing for duration of H.I. • H.I. Lockdown status for first 30 days—work, TX, AA's only

		<ul style="list-style-type: none"> • Consider HWH/residential placement • Relapse Prevention groups • Phase demotion • Increase self-helps/sponsor meetings
6 th Positive	<ul style="list-style-type: none"> • 4-5 days jail—Take same day • Home Incarceration 	<ul style="list-style-type: none"> • Increased testing for duration of H.I. • H.I. lockdown status for first 30 days—work, TX, AA's only • Consider HWH/residential placement • Relapse Prevention groups • Phase demotion • Increase self-helps/sponsor meetings
7 th Positive	<ul style="list-style-type: none"> • 5-6 days jail—Take same day • Home Incarceration • Consider Revocation Center • Consider Steve Hoyle Substance Abuse Program 	<ul style="list-style-type: none"> • Increased testing for duration of H.I. • H.I. lockdown status for first 30 days—work, TX, AA's only • Consider HWH/residential placement • Relapse Prevention groups • Phase demotion • Increase self-helps/sponsor meetings
8 th Positive	<ul style="list-style-type: none"> • 6 days jail—Take same day • Home Incarceration • Consider Revocation Center • Consider Steve Hoyle Substance Abuse Program 	<ul style="list-style-type: none"> • Increased testing for duration of H.I. • H.I. lockdown status for first 30 days—work, TX, AA's only • Consider HWH/residential placement • Relapse Prevention groups • Phase demotion • Increase self-helps/sponsor meetings
9 th Positive	<ul style="list-style-type: none"> • 7 days jail—Take same day • Home Incarceration • Consider Revocation Center • Consider Steve Hoyle Substance Abuse Program 	<ul style="list-style-type: none"> • Increased testing for duration of H.I. • H.I. lockdown status for first 30 days—work, TX, AA's only • Consider HWH/residential placement • Relapse Prevention groups • Phase demotion • Increase self-helps/sponsor meetings
10 th Positive	<ul style="list-style-type: none"> • 7 days jail—Take same day • Home Incarceration • Consider Revocation Center • Consider Steve Hoyle Substance Abuse Program 	<ul style="list-style-type: none"> • Increased testing for duration of H.I. • H.I. lockdown status for first 30 days—work, TX, AA's only • Consider HWH/residential placement • Relapse Prevention groups • Phase demotion • Increase self-helps/sponsor meetings

Event: Failure to call into the Drug Testing Line—Sanctions and Therapeutic Adjustments		
	Punitive from the Court	Therapeutic Adjustment Suggestions
1 st		<ul style="list-style-type: none"> • Verbal from TX
2 nd		<ul style="list-style-type: none"> • Daily call ins into TX (TX to give time frame)
3 rd	<ul style="list-style-type: none"> • Verbal from the judge 	<ul style="list-style-type: none"> • Daily call ins into TX (Increased time frame)
4 th	<ul style="list-style-type: none"> • CSW 	<ul style="list-style-type: none"> • Increased testing
5 th	<ul style="list-style-type: none"> • Jail 	<ul style="list-style-type: none"> • Increased testing
6 th	<ul style="list-style-type: none"> • Jail 	<ul style="list-style-type: none"> • Increased testing

Event: Leave Inpatient Treatment and/or HWH—Sanctions and Therapeutic Adjustments		
	Punitive from the Court	Therapeutic Adjustment Suggestions
Leave AMA/Administrative	<ul style="list-style-type: none"> • 7 days Jail 	<ul style="list-style-type: none"> • Increased testing

Discharge—Non Compliance	<ul style="list-style-type: none"> • 90 days H.I. • Program Revocation 	<ul style="list-style-type: none"> • Relapse Prevention groups • H.I. lockdown for first 30 days • Phase Demotion
Leave/Medical Discharge		<ul style="list-style-type: none"> • Increased testing • TX to suggest H.I. 60 + days

Event: Falsifying Drug Screens—Sanctions and Therapeutic Adjustments		
	Punitive from the Court	Therapeutic Adjustment Suggestions
1 st	<ul style="list-style-type: none"> • 30 days jail • Consider Revocation Center 	<ul style="list-style-type: none"> • Phase Demotion • Increased testing
2 nd	<ul style="list-style-type: none"> • Revoke 	

Event: Drug Screen Confirmations—Sanctions and Therapeutic Adjustments		
	Punitive from the Court	Therapeutic Adjustment Suggestions
1 st Drug Screen to be Confirmed	<ul style="list-style-type: none"> • Pay fee of \$35 for test confirmation • Return to court every Monday until results return • Upon negative confirmation, \$35 will be credited to your drug court fee balance • Participant will be charged a \$50 fee for all drug screens that are confirmed positive. 	<ul style="list-style-type: none"> • Increased testing
2 nd Drug Screen to be Confirmed	<ul style="list-style-type: none"> • Pay fee of \$35 for test confirmation • Return to court every Monday until results return • Upon negative confirmation, \$35 will be credited to your drug court fee balance • Participant will be charged a \$50 fee for all drug screens that are confirmed positive. 	<ul style="list-style-type: none"> • Increased testing • Relapse Prevention
3 rd Drug Screen to be Confirmed	<ul style="list-style-type: none"> • Verbal reprimand from Judge addressing participant’s claim of “false positive” • Pay fee of \$35 for test confirmation • Return to court every Monday until results return • Participant has option to pay for confirmation; however, results return, no credit will be given to participant’s drug court fee balance • Participant will be charged 	<ul style="list-style-type: none"> • Increased testing • Relapse Prevention

	a \$50 fee for all drug screens that are confirmed positive.	
4 th Drug Screen to be Confirmed	<ul style="list-style-type: none"> • Jail • Participant has option to pay for confirmation; however, however results return, no credit will be given to participant's drug court fee balance • Participant will be charged a \$50 fee for all drug screens that are confirmed positive. 	<ul style="list-style-type: none"> • Increased testing • Relapse Prevention
5 th Drug Screen to be Confirmed	<ul style="list-style-type: none"> • Jail • Participant has option to pay for confirmation; however, however results return, no credit will be given to participant's drug court fee balance • Participant will be charged a \$50 fee for all drug screens that are confirmed positive. 	<ul style="list-style-type: none"> • Increased testing • Relapse Prevention

Event: Falsifying Community Service Work—Sanctions and Therapeutic Adjustments		
	Punitive from the Court	Therapeutic Adjustment Suggestions
1 st	<ul style="list-style-type: none"> • 1 day in jail for each falsification 	<ul style="list-style-type: none"> • Redo Thinking for Good program
2 nd	<ul style="list-style-type: none"> • 2 days in jail for each falsification 	<ul style="list-style-type: none"> • Phase Demotion • Redo MRT Step Work
3 rd	<ul style="list-style-type: none"> • 3 days in jail for each falsification 	<ul style="list-style-type: none"> • Phase Demotion • Redo MRT Step Work
4 th	<ul style="list-style-type: none"> • Revocation Center 	

Event: Absent Without Leave (AWOL)—Sanctions and Therapeutic Adjustments		
	Punitive from the Court	Therapeutic Adjustment Suggestions
Less than 30 Days	<ul style="list-style-type: none"> • One day in jail for each day AWOL 	<ul style="list-style-type: none"> • Increased testing • Repeat Phase • Phase Demotion • Inpatient Referral • HWH Referral/Residential Placement
More than 30 Days	<ul style="list-style-type: none"> • Program Revocation 	

Event: Missed Self-help meetings/failure to turn in documentation—Sanctions and Therapeutic Adjustments		
	Punitive from the Court	Therapeutic Adjustment Suggestions
Failure to turn in document	<ul style="list-style-type: none"> • 4 hours CSW 	<ul style="list-style-type: none"> • Bring correct documentation to counselor the following day/group
For each missed meeting	<ul style="list-style-type: none"> • 8 hours CSW 	<ul style="list-style-type: none"> • Make extra meetings

Event: Falsifying Self-help documents/documentation—Sanctions and Therapeutic Adjustments
--

	Punitive from the Court	Therapeutic Adjustment Suggestions
Forging signatures	<ul style="list-style-type: none"> • Jail sanction at Judge's discretion • Revocation Center • Program revocation 	<ul style="list-style-type: none"> • Phase demotion • Repeat phase in order to redo consecutive meeting attendances • Thinking for Good group redo • Redo MRT step work • Additional sponsorship step work
Falsifying self-help, i.e., <u>inventing fake people, inaccuracies with your documents</u>	<ul style="list-style-type: none"> • Jail sanction at Judge's discretion • Revocation Center • Program Revocation 	<ul style="list-style-type: none"> • Phase demotion • Repeat phase in order to redo consecutive meeting attendances • Thinking for Good group redo • Redo MRT step work • Additional sponsorship step work

Event: Unauthorized Use/Fill of Prescription Medication—Sanctions and Therapeutic Adjustments		
	Punitive from the Court	Therapeutic Adjustment Suggestions
1 st	<ul style="list-style-type: none"> • CSW—minimum 24 hours 	<ul style="list-style-type: none"> • Increased testing
2 nd	<ul style="list-style-type: none"> • Jail time—minimum 2 days; will count as a positive 	<ul style="list-style-type: none"> • Increased testing • Relapse Prevention Groups
3 rd	<ul style="list-style-type: none"> • Jail time—minimum 6 days; will count as a positive 	<ul style="list-style-type: none"> • Increased testing • Relapse Prevention Groups • Extra Sponsor meetings

Event: Tardy for Group, Drug Testing, or Court—Sanctions and Therapeutic Adjustments		
	Punitive from the court	Therapeutic Adjustment Suggestions
Tardy for group	<ul style="list-style-type: none"> • Consistently tardy for group—8 hrs. CSW • After 1st sanction from the court—increase by 8 additional hours of CSW for each next sanction 	<ul style="list-style-type: none"> • Make up group on Friday of the same week group was missed • NO ALTERNATIVES FOR MAKE UPS; EXCUSES DO NOT SAVE CLIENT FROM MAKING UP GROUPS
Tardy for drug testing	<ul style="list-style-type: none"> • 8 hours CSW • After 1st sanction from the court—increase by 8 additional hours of CSW for each next sanction 	<ul style="list-style-type: none"> • Increased testing
Tardy for court	<ul style="list-style-type: none"> • 8 hours CSW • After 1st sanction from the court—increase be 8 additional hours of CSW for each next sanction 	<ul style="list-style-type: none"> • Bring in excuse for tardiness • To TX's discretion
No show to Court w/o being excused by the Judge	<ul style="list-style-type: none"> • Warrant issued 	<ul style="list-style-type: none"> • Bring in excuse for absence/no show • Return to court the following Monday to have warrant recalled

Event: Drug Testing off site—using outside agency for drug testing instead of drug court—Sanctions and Therapeutic Adjustments		
	Punitive from the court	Therapeutic Adjustment Suggestions
*1 st	<ul style="list-style-type: none"> • <u>Pending drug screen results</u>— • Return to court every Monday until issue is resolved • 16-32 hrs. CSW 	<ul style="list-style-type: none"> • Increased testing • Relapse Prevention Groups • Possible Phase Demotion
*2 nd	<ul style="list-style-type: none"> • <u>Pending drug screen results</u>— • Return to court every Monday until issue is resolved • Jail time; will count as a positive 	<ul style="list-style-type: none"> • Increased testing • Relapse Prevention Groups • Possible Phase Demotion
*3 rd	<ul style="list-style-type: none"> • <u>Pending drug screen results</u>— • Return to court every Monday until issue is resolved • Jail time; will count as a positive 	<ul style="list-style-type: none"> • Possible Phase Demotion • Increased testing • Relapse Prevention Groups

*TX to make determination on whether drug screen from outside agency will be deemed as acceptable standards

Event: Unemployed—Sanctions and Therapeutic Adjustments		
	Punitive from the Court	Therapeutic Adjustment Suggestions
After 60 days in program	<ul style="list-style-type: none"> • Judge may order Productivity Enhancement Training (PET) 	<ul style="list-style-type: none"> • 30 hours “Productivity” • 10 hrs Productivity Enhancement Training (PET) per week • Turn in job applications
After 15-25 days of losing job (Anytime)	<ul style="list-style-type: none"> • Judge may order PET 	<ul style="list-style-type: none"> • 30 hours “Productivity” • 10 hrs PET per week • Turn in job applications

Event: Lack of Progress in Program—Sanctions and Therapeutic Adjustments		
	Punitive from the Court	Therapeutic Adjustment Suggestions
	<ul style="list-style-type: none"> • Weekly status appearances until phase advancement • Judge to order your weekly treatment requirements until phase advancement • Judge will order jail time for disobeying a direct order 	<ul style="list-style-type: none"> • TX to suggest each week what Judge will order

Event: Disruptions at the Court House, Program Non-Compliance with Rules, and any other Infractions—Sanctions & Therapeutic Adjustments		
<ul style="list-style-type: none"> • These items will be dealt with on an individual basis with each participant. For the judge’s consideration, sanction from the court, the staff will make recommendations about modifying sanctions based on the participant’s performance in the program and prior sanction record. 		

MEDICAL SCREENING/LABWORK

Medical screenings are required within twenty-one days of admission into the program. Medical screenings may be completed by a personal physician or the physician contracted by the treatment clinic. Employment physicals could be used with written consent of release from the participant.

VDRL, which tests for sexually transmitted diseases, the PPD skin test, which test for tuberculosis, and HIV test which tests for AIDS may be required within twenty-one days of admission into the program. These tests may be administered by the Office of Public Health, the contracted physician, or a personal physician. The PPD skin test must be read within 72 hours of administration.

Anyone having a positive result for either of the tests will be referred to the nearest public health clinic or to their personal physician. Anyone having symptoms of tuberculosis (e.g., fatigue, weight loss, feeling ill, fever, or night sweats, cough, chest pain and/or coughing up blood) will be exempt from group until a chest examination is completed and you are verified as non-contagious.

All testing and results are kept strictly confidential.

HIV/AIDS EDUCATION

The Lafourche Parish Drug Treatment Court program provides HIV/AIDS Education to all new participants. Participants are given the option of having an HIV/AIDS test taken at the OPH, contracted physician or a personal physician at the participant's cost. Participants are required to sign the Informed Consent and Agreement to HIV Testing before the test is administered. Any reactive (positive) results are referred to the public health clinic or personal physician for medical treatment. The Case Manager will make referrals to support groups for anyone testing positive.

All testing and results are kept strictly confidential.

PREGNANCY TESTING/EDUCATION

The Lafourche Parish Drug Treatment Court program provides education in reference to prenatal care during pregnancy to all female participants. Pregnancy testing can be obtained from public health clinics or personal physicians at the participant's cost. Female participants requesting to be tested for pregnancy will be required to sign a consent form. Those female participants whose tests are positive will be referred to Chabert Medical Center or to their personal physician for immediate prenatal care.

CASE MANAGEMENT

Case Managers will work in cooperation with the participant to meet his/her identified needs and help find ways to meet those needs. Such assistance may be educational, employment, financial, housing, etc. You are required to seek employment and may be required to have obtained, or be in the pursuit of, a GED or trade school certificate to graduate from the program.

EDUCATION/VOCATIONAL TRAINING

Clients may be enrolled in public or private schools or referred for vocational evaluation and training, usually through Louisiana Rehabilitation Services. If these become part of your program, you will be required to participate and comply with program requirements just as with other components of "productivity."

EMPLOYMENT

Stable employment and satisfying work is a goal for every Drug Court participant. Employment is one of the required "productivity" elements of your participation. It is your obligation to inform your employer of your participation in the Drug Court program and make necessary arrangements for court appearances, groups, meetings, etc. Staff must be immediately notified of any changes in your employment.

Employment will be verified routinely either through phone contact or paycheck stub. On-site visits may also be conducted. If you lose your job, you will be given a time frame in order to obtain appropriate employment. Offshore work will only be allowed in Phases III and IV on a 7 and 7 day schedule. A letter of verification from your employer must be brought to

your last scheduled session before leaving offshore. Certain occupations (e.g., bartender) and work environments (weight loss clinics) may be prohibited by the program.

We do not condone clients working for other clients. There just seems to be too much opportunity for corruption, coercion, exploitation, etc. to justify the advantage of these jobs in our opinion. Just to clarify, these opinions relate primarily to "direct client employers" - owners of their own business who have no oversight by a parent company. In cases where two clients work for an unrelated business there is less concern, even if one becomes the supervisor of the other. But... we think we should caution and advise you even in these situations.

GENDER COUNSELING

Women and men have issues that are specific to their gender. It is often difficult, if not impossible, for some to share their issues in mixed-gender groups. Gender groups, in addition to regular scheduled groups are provided to address these issues. These groups are held monthly or by schedule when necessary. Individual sessions are also utilized.

CULTURAL COUNSELING

Counseling for cultural issues will be incorporated into programming. Issues will be addressed that will increase the understanding of addiction, how to reestablish trust with other cultures and to learn about your culture in reference to chemical dependency. It is an opportunity to be informed about specific cultures and to address cultural issues.

FAMILY EDUCATION/COUNSELING

Family education and counseling will be encouraged for family members. Issues will be addressed that will increase your family's understanding of addiction, help to reestablish trust and encourage support throughout your recovery. These sessions will be scheduled by the counselors and/or upon request from the participant or family member. Group and individual family sessions may be offered.

PEOPLE, PLACES AND THINGS

A repeating theme in the treatment of addiction is the power of certain people, places and things to attract people back to using substances. Because of these temptations, this program prohibits all participants from going to certain places and may impose additional requirements upon individuals. For example, you are not allowed to be at bars or other establishments where serving alcohol is the main business, casinos (places with gaming tables or more than 3 video gambling machines) or illegal environments (staged dog fights, drug deals, etc.). You may further be directed by the court to abstain from living or socializing with specific people, or living in certain neighborhoods.

REFERRALS

Sometimes a client has needs beyond the primary focus of the drug court program. Examples include detoxification (2-5 days), inpatient treatment (28 days), residential treatment/Halfway House (3-12 months), vocational services (training and jobs), trauma therapy (individual sessions), psychiatric care (private or state clinic), psycho-educational classes (parenting or anger management), etc. The Counselor begins by discussing needs with the client. The counselor follows up by discussing referral needs at a clinical staff meeting. When the counselor is convinced that a certain outside intervention is needed, he/she makes a formal recommendation to the team. If the clinical team concurs, this becomes a formal recommendation and the judge may order implementation or, in some cases, the client may reject the plan. If the client is allowed to reject the placement, it is removed from the list of options for that client for the future.

If you are placed in a treatment program away from the drug court, keep these conditions in mind:

- you are still a drug court client and subject to the conditions of your probation;
- you will not be charged the weekly drug court fee if placed in a facility outside the drug court;
- you must comply with the treatment program regulations and the general conditions of drug court;
- return for court appearances at scheduled times;
- infractions or failures in placement may be sanctioned;
- you must keep in touch with your probation officer;
- you must report for random weekend testing if you're on a pass from the placement facility;
- if on a pass, you must report where you're going if not to your home address (to drug court and your probation officer);
- you must report to the drug court within 24 hours of discharge (whether successful or unsuccessful).

If you have a therapy issue that is beyond the scope of our services here, our support group, the Friends of Lafourche Parish Drug Court Foundation, Inc., may agree to pay for specialized counseling. The Board retains a local therapist with credentials and experience to treat special problems. The Case Manager will make the arrangements to start services and future appointment will be arranged between you and the therapist. The therapist is required to report on your attendance and general progress, but we do not require reports or revealing the contents of your sessions. The Board pays only for treatment rendered. You must get there

on your own and keep appointments or cancel them well ahead of time. If you fail to show for an appointment and the therapist charges a fee, you are responsible.

Referrals for participants with a mental illness are usually made to state mental health facilities or to a psychiatrist. We work to keep those appointments confidential from the other clients.

Referrals are also made for parenting and anger management classes to the Bayou Council's Program.

Most of our referrals are no cost or low cost.

GRADUATION

When a participant has completed all treatment phases; paid all fees, fines and court costs; remained chemically free and developed a plan for ongoing recovery and relapse prevention; he/she will be graduated from the program. This will be a public ceremony conducted in the courtroom. Family members are encouraged to attend the ceremony and social. The judge will present a graduation document and the graduate will address the audience. This is the end of drug court treatment, but probation may continue.

ARTICLE 893/894

Upon successful completion of Drug Court, the Drug Court Attorney, should file a Motion in accordance with the Louisiana Code of Criminal Procedure, specifically, Article 893 for felonies and Article 894 for misdemeanors. This motion is to set aside your conviction and dismiss your prosecution. This motion is between you and the judge. Once signed, it stays in the courthouse in Thibodaux. Essentially, the 893/894 motion and order changes your conviction to an acquittal. It does not clear your record; therefore, when you try to vote or purchase a firearm, for example, you will most likely be denied because your conviction has not been erased.

If you would like to have the charge/conviction removed from your record, you must file a Petition for Expungement as detailed in Louisiana Revised Statute 44:9. Expungement means removal of a record from public access, but does not mean destruction of the record. An expunged record is confidential, but remains available for use by law enforcement agencies, criminal justice agencies, the Louisiana State Board of Medical Examiners, the Louisiana State Board of Nursing, the Louisiana State Board of Dentistry or the Louisiana State Board of Examiners of Psychologists.

After completing all program requirements, you will be given a document detailing the procedures described above.

RULES/RESPONSIBILITIES

DRESS CODE

Participants have a responsibility to dress and appear in the drug court offices and on the grounds according to standards of propriety, safety and health.

Due to the diverse population at the Lafourche Parish Drug Treatment Court, it is necessary that certain specific rules be made and adhered to by participants. The rules and regulations set forth below must be adhered to by all participants. Failure to comply may result in disciplinary action, including but not limited to, discharge or denial of privileges.

GENERAL DRESS CODE

The following **ARE NOT ALLOWED** in the Courthouse Building at any time, Holidays Included:

Short Pants	Sleeveless shirts	Midi Shirts	Hats, caps, headgear
Flip-flops	Slippers	House Shoes	Multiple Earrings
Revealing Blouses	Face Jewelry	Tongue Rings	Visible Piercing Jewelry
Visible Underwear	Sunglasses	Unkempt Beards	Unnatural Hair Color
Men's Hair below the Collar			
New Tattoos while in Drug Court			
Low Pants that reveal Underwear or skin			

COURTROOM DRESS AND BEHAVIOR

You are court ordered to be in the courtroom each scheduled date for your phase. Be prepared to be in Court from 3:00 PM, until court ends. Bathroom breaks will be allowed at the Court's discretion. You cannot leave the courtroom without the Judge's permission. If you have an emergency, see the Bailiff –the deputy nearest the judge.

Your attendance at court serves several purposes. Primarily you are appearing before the judge for a review of your progress. The judge will praise or reprimand you depending on your performance. If you commit program violations, he will order sanctions or other consequences. Court is also a learning ground. You are required to attend to the processes to witness the

consequences of various behaviors – positive or negative. Judges will take action to halt and prevent disrespectful behavior. Even when you are in the audience, be attentive and respectful.

Loud talking or other disruptive behavior will not be tolerated in the courtroom, especially during court procedures. Do not address the Judge from the audience unless he calls on you. Act and speak respectfully (e.g., “yes sir”). If you are placed in the “jury box” for incarceration, you are on further restriction because of court security. Do not start conversations with anyone when the judge is on the bench. When the judge is not in the courtroom, you may ask nearby staff to speak to a staff member, but not other participants.

Male participants must wear shirts tucked (all the way around) into long pants. Female participants must wear appropriate loose fitting sleeved shirt of sufficient length that no torso is exposed and pants or skirt at or below the knee. No inscriptions on shirts, pants or body advocating alcohol, drug use or criminal behavior. Work uniforms are acceptable provided that they are in good repair. Do not put your hands in your pockets, yawn, and stretch, use profanities or make intimidating/offensive gestures when you are standing before the Judge.

Participants must be seated in the main body of the courtroom. Participants may not be seated in the benches/chairs at the perimeter of the courtroom at any time. These are reserved for police officers and other court personnel.

Cell phones, pagers, hand held videogames, etc. should be TURNED OFF in the courtroom and in the group rooms.

The Judge will be the one who decides what is appropriate dress and behavior in his courtroom.

TREATMENT GROUP TARDINESS AND ABSENTEEISM

It is your responsibility to be on time for all treatment sessions. Tardiness may result in a sanction. Extreme tardiness will be considered an unexcused absence because you will not be allowed to interrupt the group process. The only absences that will be excused are for medical appointments, employment emergencies, and similar serious events. To excuse an absence, there must be a written verification on physician or company letterhead. No handwritten notes will be accepted. If you are excused from a group session, you will be required to attend a makeup group session within that same week (unless an exception is granted by the treatment team). You cannot arbitrarily decide to skip a group and then make it up later in the week, without permission. Such behavior will be reported to the court as a sanctionable offense. All unexcused absences will be reported to the judge and sanctions may be imposed. While treatment group absences may be excused, clients are never excused from drug testing. You will be tested if you are tardy, but if you fail to show at all that will be counted as automatically positive. Under well-documented extraordinary circumstances, the presiding judge may reverse automatic positives.

PARKING

There is only on-street parking available for Drug Court Clients. Even at high-use times, parking is usually available along Bayou Lafourche off of First Street (Highway 1) across from City Hall and area businesses. You are prohibited from parking in the City Hall parking lot or the parking lots of area banks or businesses.

CONDUCT

You are asked to take both the time and effort to be polite to everyone. You should show respect to staff and peers at all times. Maintaining appropriate behavior is indicative of the progress you are making toward your recovery. No threats, physical violence, name calling, or personal verbal attacks will be tolerated. Please respect each group member by listening without distraction or disruption.

Inappropriate sexual behavior or harassment towards staff or peers will not be tolerated. Any sexual contact among peers is grounds for dismissal from the program.

CARDINAL RULES

- 1. NO STEALING**
- 2. NO CONTRABAND (items prohibited by drug court, for example: cell phones, food and drugs)**
- 3. NO THREATS OF VIOLENCE/INTIMIDATION**

4. **NO DESTRUCTION OF PROPERTY**
5. **NO SMOKING IN THE BUILDING**
6. **NO BREACH OF CONFIDENTIALITY**
7. **NO BULLYING OR SEXUAL HARASSMENT**
8. **NO RUDE/ ABUSIVE LANGUAGE/ BEHAVIOR TOWARD STAFF OR OTHER PARTICIPANTS**
9. **NO SEXUAL INVOLVEMENT AMONG CLIENTS**
10. **NO SERVING AS A LAW ENFORCEMENT INFORMANT**
11. **NO WITHHOLDING OF INFORMATION RELATED TO INFRACTIONS OF THESE RULES**

SMOKING AREAS

This facility prohibits smoking. Smoking is allowed outside only. State Law prohibits smoking 10 feet from the front door of a public building. Cigarette butts must be disposed of in ashtrays only.

PERSONAL POSSESSIONS

Be alert to your personal security and legal responsibility. Possession of purses, keys to cars or homes, cell phones, and certainly illegal items may result in legal implications, liabilities and penalties for YOU. Do not take personal possessions from other participants or attempt to give your possessions to staff or other participants. Our staff members are prohibited from accepting gifts and taking or “holding” personal possessions for clients.

PERSONAL TELEPHONE CALLS

Personal telephone calls will not be allowed on drug court administrative office phones. Cell phones and pagers are not allowed in court, drug court offices, or group sessions.

LITTER

There are trash receptacles located on the courthouse grounds. You are required to use them to keep the area clean.

FOOD, BEVERAGES, CONSUMABLES

No food or beverages are allowed in the building at any time. Chewing of gum is not allowed in court or group. Dispose of it responsibly.

The use of many commonly available commercial products is not advised and some are prohibited. Consumption of energy drinks containing high levels of caffeine are discouraged. They are very popular in our client population, but we don't approve of them because we believe they mimic the effects of illegal drugs and can keep a client in the “I need this [chemical]” frame of mind. Some of the drinks combine high caffeine and alcohol, so read labels carefully. Alcohol use is certainly prohibited.

Use of certain products, often available at “head shops,” are discouraged and are prohibited if used in ways contrary to their labeled use. Smoking or otherwise ingesting incense products such as “Mojo,” “Spice,” etc. is illegal. If you bring such products to the courthouse or treatment, they will be confiscated by security. Suspicious products or suspected drug use paraphernalia will also be confiscated. Carrying “drug use paraphernalia” will subject you to criminal charges.

PRESCRIPTION MEDICATION

Most of our participants are vulnerable to abusing medications and we must take measures to foster responsible use of prescribed or over-the-counter drugs. Any medications prescribed by a physician or purchased over the counter need to be reported to your counselor or treatment staff. Mood altering prescriptions are prohibited, unless approved by staff and consulting physician. Medications will not automatically be allowed. Failure to comply with proper procedure may result in a positive drug screen, and will be sanctioned by the Drug Court Judge. A sample list of accepted and prohibited medications will be given to each client at orientation.

Program participants are responsible for informing prescribing physicians of program limitations for medication. Use the sample list. Seek acceptable medications and ask for alternatives to prohibited medications. If a physician indicates that a prohibited medication is medically necessary, obtain a statement from the physician for review by the staff, judge and/or consulting physician. The statement must indicate that the physician understands that the drug is not allowed in this program but that it is the only medication appropriate to treat the problem.

RE-ARREST

Any participant who is re-arrested while participating in the Lafourche Parish Drug Treatment Court program is expected to report the re-arrest to their counselor. An admission demonstrates a level of honesty, which the program supports.

REVOCAATION

A client may be removed from the program (revoked) following a Revocation Hearing at which the client admits, or the court finds a violation of the Conditions of Probation established at the time of acceptance into the program. Possible reasons for revocation include major issues such as:

- Continued inability to remain drug free over a period of months
- Continued violation of any program requirements
- Poor participation and failure to advance in a timely manner
- Refusal of treatment
- Absconding from the program
- New major legal charges
- Falsification (of documents, drug testing, etc.)

If the client is revoked, the Drug Court Judge will impose the original sentence, with or without modification.

CONTRACT AND REFERENCE DOCUMENTS

PARTICIPANT CONTRACT

DRUG TREATMENT COURT PROGRAM

I HAVE CHOSEN TO COMPLETE TREATMENT IN THIS PROGRAM. TO ASSURE MY FULL PARTICIPATION IN THIS DRUG AND ALCOHOL FREE PROGRAM, I AGREE TO THE FOLLOWING REGULATIONS:

1. I understand that I must attend all scheduled sessions and appointments made by the staff. If it is necessary to miss any sessions, I will notify the clinic and bring documentation, typed on their letterhead, from my employer or doctor for verification. If I fail to call and bring verification to my next scheduled session, it will be considered an unexcused absence. Each absence, whether excused or not, will be included in the status report sent to the judge.
2. I understand that I will be required to submit to breathe tests and supervised urine screens. If I fail to report for testing or fail to produce a urine specimen or if it is not of sufficient quantity, it will be considered a stall on my part and it will be treated as if it was positive for drugs/alcohol. If the laboratory specifies that my urine specimen is diluted, I understand that it will be treated the same as testing positive for drugs
3. If I am found to be using alcohol or prohibited drugs at anytime during treatment, I agree to follow through with referral to Detoxification, inpatient or any recommendation by the treatment staff.
4. I understand that while I am waiting for admission into a detoxification or inpatient facility, I will continue to maintain scheduled appointments unless directed otherwise by the judge or program staff. If sent to detoxification or inpatient, I agree to return to the drug court immediately upon release from such facility to check-in with staff to reassess my level of participation in the program. Detoxification and inpatient treatment expenses, if any, are my responsibility.
5. I understand I am responsible for informing and providing documentation of all prescription medications I am taking. I am also responsible for notifying staff if there are any changes to the prescriptions. I agree to follow the program guidelines regarding medication.
6. I understand that I am required to inform staff of any over-the-counter medications I may be using and that they are to be non-addictive and do not contain alcohol. I am also responsible for confirming with a pharmacy or medical professional that these medications are non-addictive and do not contain alcohol. I understand that using mood-altering medications prescribed or not, could exclude me from participation in the program.
7. I understand that I am to cooperate with the treatment staff in formulating my treatment plan. I agree to sign the consent forms for the release of information in order to help the staff communicate with individuals or agencies that can assist with my recovery.
8. I understand that part of my program includes attendance at recovery community meetings and sponsor meetings after two months in the program. I agree to bring verification of attendance to my counselor as scheduled.
9. I understand that sanctions may be imposed by the judge for my failure to comply with the treatment program. I understand that my failure to comply with the program can result in additional conditions and requirements, which will be made part of my treatment plan. I agree to comply with the additional requirements in order to continue in the program.
10. I understand that if I am found to be under the influence of drugs or alcohol when I arrive for a treatment session, I will not be allowed to stay and participate and sanctions will most likely be imposed by the judge for my failure to comply with the treatment program.
11. I will not allow to drive and I agree to surrender my keys to the security officer for my safety as well as others. I will call someone who is not under the influence to drive me home. I understand that if I insist on driving, the staff will be obligated to notify the sheriff's department of an impaired driver on the road and a description of the vehicle will be given.
12. I will not enter bars and casinos or participate in illegal activities.

I HAVE READ AND UNDERSTAND THE CONTRACT. I AGREE TO FOLLOW THESE REGULATIONS.

Client: _____ Date: _____

Staff: _____ Date: _____

TYPICAL PHASE I DAILY SCHEDULE (subject to change)

Minimum of 8 Weeks

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6 AM- 9AM	Call Random Line	Call Random Line	Call Random Line	Call Random Line	Call Random Line	Call Random Line	Call Random Line
9:00	Phase I Group		Phase I Group & Random Testing after Group		Phase I Group & Random Testing after Group	Random Testing at Probation & Parole	Random Testing at Probation & Parole
9:30							
10:00							
10:30		Random Testing		Random Testing			
11:00	End		End		End		
11:30							
12:00							
1:00							
1:45	Report to Courthouse						
2:00	Random Testing						
2:30	Phase I Group						
3:00	COURT						
3:30							
4:00							
4:30							
5:00							
5:30					Phase I Group & Random Testing after Group		
6:00			Phase I Group & Random Testing after Group				
6:30							
7:00							
7:30		Random Testing		Random Testing			
8:00							
8:30							
9:00			End		End		

Revised 10/25/17

PHASE I PROGRAM REQUIREMENTS CHECKLIST

Minimum eight (8) weeks

Participant's Name _____

Client ID # _____

Date of Entrance _____

Projected Phase II Advancement Date _____

Counselor _____ Supervisor _____

EDUCATION-Completed

Completion of "Drug Court" Workbook; Verified on Cover sheet

Completion of "Substance Using Behaviors" Workbook; Verified on Cover sheet

Completion of "Thinking for Good" Workbook; Verified on Cover sheet

Completion of "Step 1" Self-Help Workbook; Verified on Cover sheet

SELF-HELP PROGRAM INVOLVMENT-Recovery Meetings

Advancing within 2 months of program entry

Advancing 2 months beyond program entry; **Date to begin mtgs.** _____

Two (2) months after admission, has a sponsor approved by TX Director; usually same-sex sponsor with three (3) years or more sobriety

Sponsor/Mentor agreement and current release of information on file

Submits monthly progress notes from sponsor/mentor of ongoing recovery work on Recovery Community sheet.

Regularly documents attendance at a minimum of 1 self-help meeting per week/ 2 sponsor/mentor meetings per month.

Green sheet(s) on file for each month beyond the 2 months after admission; with correct number of Recovery Community meetings, sponsorship meetings & sponsor comments

DRUG TEST RESULTS

3 weeks of continuous sobriety; Date of last positive _____

SANCTIONS

1 weeks sanction free; Completion date of last sanction _____

GROUP PARTICIPATION

Is attentive and cooperative during group/individual sessions

Is identifying and addressing personal issues with counselor/group

Completes all work assigned by counselor

EMPLOYMENT/EDUCATION

Is working or accomplishes employment/education-enhancement activities recommended by treatment staff; _____ hrs. weekly are documented

FEES/Community Service Work (CSW)

Drug Court fee balance _____

CSW balance in lieu of Fees; Today's Balance _____; Client required to submit paperwork from Sherriff's Office verifying CSW completion

Note: A balance of \$250 or less indicates eligibility for advancement only; not a promise of quick advancement. Advancement process can take up to 2 weeks once your account is at zero (Fees/CSW).

Date of checklist review _____

Initials

Counselor

Date

Case Manager

Date

Treatment Director

Date

TYPICAL PHASE II DAILY SCHEDULE (subject to change)

Minimum of 20 Weeks

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6 AM- 9AM	Call Random Line	Call Random Line	Call Random Line	Call Random Line	Call Random Line	Call Random Line	Call Random Line
9:00		Phase II Group & Random Testing after Group		Phase II Group & Random Testing after Group		Random Testing at Probation & Parole	Random Testing at Probation & Parole
9:30							
10:30			Random Testing		Random Testing		
10:50							
11:00							
11:30							
12:00		End		End			
1:00							
1:30							
2:00	Random Testing						
2:30							
3:00	Court/ Status Hearing Every other week						
3:30							
4:00							
4:30							
5:00							
5:30							
6:00		Phase II Group & Random Testing after Group		Phase II Group & Random Testing after Group			
6:30							
7:00							
7:30			Random Testing		Random Testing		
8:00							
8:30							
9:00		End		End			

Revised 10/25/17

PHASE II PROGRAM REQUIREMENTS CHECKLIST

Minimum twenty (20) weeks

Participant's Name _____

Client ID # _____

Date Advanced to Phase II _____ Projected Phase III Advancement Date _____

Counselor Supervisor

_____	_____	EDUCATION-Completed
_____	_____	Completion of MRT Steps 1-6 Verified in workbook
_____	_____	Completion of "Steps to Spirituality" Workbook (Steps 2-3); Verified on Cover sheet
_____	_____	Completion of "Looking Within" Workbook (Steps 4-5); Verified on Cover sheet
_____	_____	SELF-HELP PROGRAM INVOLVMENT-Recovery Meetings
_____	_____	Sponsor/Mentor agreement and current release of information on file
_____	_____	Submits monthly progress notes from sponsor/mentor of ongoing recovery work on green sheet.
_____	_____	Regularly documents attendance at a minimum of 1 self-help meeting per week/ 2 sponsor/mentor meetings per month. <u>Five</u> consecutive months of meetings are on <u>file</u>
_____	_____	DRUG TEST RESULTS
_____	_____	6 weeks of continuous sobriety; Date of last positive _____
_____	_____	SANCTIONS
_____	_____	2 weeks sanction free; Completion date of last sanction _____
_____	_____	GROUP PARTICIPATION
_____	_____	Is attentive and cooperative during group/individual sessions
_____	_____	Is identifying and addressing personal issues with counselor/group
_____	_____	Completes all work assigned by counselor
_____	_____	EMPLOYMENT/EDUCATION
_____	_____	30 hours employment/school attendance; _____ hrs. weekly are documented
_____	_____	FEES/Community Service Work (CSW)
_____	_____	Zero Drug Court fee balance; Today's Balance _____
_____	_____	Zero CSW balance in lieu of Fees; Today's Balance _____; Client required to submit paperwork from Sherriff's Office verifying CSW completion
_____	_____	Note: A <u>ZERO</u> balance indicates eligibility for advancement <u>only</u>; not a promise of quick advancement. Advancement process can take up to 2 weeks once your account is at zero (Fees/CSW).

Initials

Date of checklist review _____

_____	_____
Counselor	Date
_____	_____
Case Manager	Date
_____	_____
Treatment Director	Date

TYPICAL PHASE III DAILY SCHEDULE (subject to change)

Minimum of 20 Weeks

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6 AM- 9AM	Call Random Line	Call Random Line	Call Random Line	Call Random Line	Call Random Line	Call Random Line	Call Random Line
9:00			Phase III Group & Random Testing after Group			Random Testing at Probation & Parole	Random Testing at Probation & Parole
9:30							
10:00							
10:30		Random Testing		Random Testing	Random Testing		
11:00							
11:30							
12:00			End				
1:00							
1:30							
2:00	Random Testing						
2:30							
3:00	Court/ Status Hearing Once a Month						
3:30							
4:00							
4:30							
5:00							
5:30							
6:00			Phase III Group & Random Testing after Group				
6:30							
7:00							
7:30		Random Testing		Random Testing	Random Testing		
8:00							
8:30							
9:00			End				

Revised 10/25/17

PHASE III PROGRAM REQUIREMENTS CHECKLIST

Minimum twenty (20) weeks

Participant's Name _____

Client ID # _____

Date Advanced to Phase III _____ Projected Phase IV Advancement Date _____

Counselor Supervisor

_____ _____
_____ _____
_____ _____
EDUCATION-Completed
Completion of MRT Steps 7-12; Verified in workbook
Completion of "Driving the Right Way" Workbook; Verified on Cover
Completion of "Into Action" Workbook (Steps 6-12); Verified on Cover sheet

_____ _____
_____ _____
_____ _____
SELF-HELP PROGRAM INVOLVMENT-Recovery Meetings
Sponsor/mentor agreement and current release of information on file
Submits monthly progress notes from sponsor/mentor of ongoing recovery work on green sheet
Regularly documents attendance at a minimum of 2 self-help meetings/ 1 sponsor/mentor meeting per week. Five consecutive months of green sheets are on file

_____ _____
DRUG TEST RESULTS
At least 10 weeks continuous sobriety; Date of last positive _____

_____ _____
SANCTIONS
4 weeks sanction free; Completion date of last sanction _____

_____ _____
_____ _____
_____ _____
GROUP PARTICIPATION
Is attentive and cooperative during group/individual sessions
Is identifying and addressing personal issues with counselor/group
Completes all work assigned by counselor

_____ _____
EMPLOYMENT/EDUCATION
30 hours weekly employment/school attendance; _____ hrs. weekly are documented

_____ _____
_____ _____
_____ _____
FEES/Community Service Work (CSW)
Zero Drug Court fee balance; Today's Balance _____
Zero CSW balance in lieu of Fees; Today's Balance _____; Client required to submit paperwork from Sherriff's Office verifying CSW completion

Note: A ZERO balance indicates eligibility for advancement only; not a promise of quick advancement. Advancement process can take up to 2 weeks once your account is at zero (Fees/CSW).

_____ _____
Date of checklist review _____

Initials

Counselor

Date

Case Manager

Date

Treatment Director

Date

PHASE IV SCHEDULE

Minimum of 16 Weeks

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 AM- 9AM	Call Random Line	Call Random Line	Call Random Line	Call Random Line	Call Random Line	Call Random Line	Call Random Line
	Group and Random Testing Twice a month (2 nd and 4 th Monday of the month) COURT-Once a month by calendar	Random Testing	Random Testing	Random Testing	Random Testing	Random Testing at Probation & Parole	Random Testing at Probation & Parole

PHASE IV PROGRAM/GRADUATON REQUIREMENTS CHECKLIST

Minimum (16) Weeks

Participant's Name _____

Chart # _____

Date Advanced to Phase IV _____

Projected Graduation Date _____

Counselor Supervisor

SELF-HELP PROGRAM INVOLVMENT-Recovery Meetings

Regularly documents self-help and sponsor involvement
At least 2 self-help meetings weekly
At least 1 sponsor/mentor meeting weekly
4 months of green sheets are on file, and have correct number of self-help and sponsor/mentor meetings

DRUG TEST RESULTS

At least 16 weeks continuous sobriety; Date of last positive _____

SANCTIONS

16 weeks sanction free; Completion date of last sanction _____

GROUP PARTICIPATION

Is attentive and cooperative during group/individual sessions
Is identifying and addressing personal issues with counselor/group
Completes all work assigned by counselor

EMPLOYMENT/EDUCATION-Productivity

Maintains employment/school attendance for 8 months/Earns GED or trade school certificate

FEES

Establishes a **ZERO** balance on all required fees one month prior to graduation
Date _____. (Example, Drug Court fees/fines/court costs/restitution/probation fees/ HI etc.)

Zero CSW balance in lieu of Fees; Today's Balance _____; Client required to submit paperwork from Sherriff's Office verifying CSW completion

Initials

Date of checklist review _____

Counselor

Date

Case Manager

Date

Treatment Director

Date

Submit 1st to Treatment Director
Treatment Director will forward to Case Manger

GRADUATION REQUIREMENTS

1. _____ Participant tests drug free at least 6 months
2. _____ Employed at least 30 hours per week or attending school for at least 6 consecutive months prior to graduation date. If participant is disabled and not working, participant should be involved in volunteer work (validated by case manager)
3. _____ Length of time in program (minimum of 16 months)
4. _____ No re-arrests within six months and all sanctions completed within one month of graduation date
5. _____ All requirements on the Phase IV Checklist are met
6. _____ All fees are paid (validated by clerk)
7. _____ Charting completed and current (validated by case manager)
8. _____ Progress Evaluation Questionnaire and Exit Interview completed
9. _____ Signed Aftercare Plan

MEDICATION LIST/ EXAMPLES OF APPROVED SUBSTANCES

Other medications may be appropriate to take, but you must check with your Counselor prior to taking them. You must notify your Counselor of all medications taken and a copy of all prescriptions must be provided to your Counselor before they are filled.

IF IN DOUBT ABOUT WHAT CAN BE TAKEN, CHECK IT OUT WITH YOUR PHYSICIAN, PHARMACIST AND COUNSELOR

This list gives examples of suggested medications and is not all **all-encompassing**.

ALL ANTIBIOTICS ARE APPROVED – TAKE ONLY AS DIRECTED BY DOCTOR

PAIN MEDICATION:

Acetaminophen
Antidepressants
Anticonvulsants
Non-Steroidal Anti-Inflammatory
Steroids
Toradol

SLEEP:

Trazadone (Desyrel)
Doxepin (Sinequan)
Amitriptyline (Elavil)
Nefazodone (Serzone)
Mirtazepine (Remeron)

ANTI-ANXIETY:

Doxepin (Adapin)
Buspar (Buspirone)
Vistaril (Hydroxyzine)
Depakote
Toprol, Lopressor
Zyprexa (Olanzapine)
Seroquel (Quetiapine)
Risperdal (Risperidone)
Atarax

ANTI-DEPRESSANTS:

Paxil
Effexor
Prozac
Wellbutrin
Seroquel
Doxepin
Serzone
Luvox
Zoloft

ANTI-MANIC:

Depakot
Tegretol

MUSCLE RELAXANTS:

Parafon-Forte

ADD/ADHD:

Strattera (Atomoxetine HCl)
Wellbutrin (Zyban)
Norpramin (Desipramine)
Catapres (clonidine)

Effexor (venlafaxine)

Selective serotonin reuptake inhibitors

ANTI-PSYCHOTIC:

Mellaril

Zyprexa

Navane

Trilafon

Risperdal

Prolixin

HEARTBURN/INDEGESTION:

Pepto Bismal

Pepcid AC or Complete

ALLERGY/ANTI-HISTAMINE/ANTI-VERTIGO:

Claritin Tylenol Sinus Congestion & Pain

Allegra Actifed Cold & Allergy

Zyrtec Sine Off Sinus/Cold Medicine

Tavist Allergy Sinutab Sinus

Sudafed PE Tylenol Allergy Multi Symptom

Alavert Tylenol Severe Allergy

COUGH AND COLD:

Dristan Coricidin HBP Cold & Flu

Contac Cold & Flu Cold MD Rapid Tabs

Alka Seltzer Plus Cold Theraflu Warming Relief

Nighttime Severe Cold Mucinex (PLAIN ONLY)

Zicam Cold Remedy Oral Mist

Theraflu Daytime Severe Cold

Oscillococcinum

SORE THROAT:

Tylenol Sore Throat

Triaminic Sore Throat Spray

Chloraseptic Sore Throat Lozenges

Cold-Eeze

Cepacol Sore Throat Spray

Halls Cough Drops

Ricola

HEADACHE/PAIN:

ibuprofen (Motrin®, Advil®)

acetaminophen (Tylenol®)

acetylsalicylic acid (Aspirin®, Ecotrin®, Bufferin®)

naproxen (Aleve®)

NO EXCEPTIONS, ALL POSITIVES WILL COUNT

ABSOLUTELY CANNOT TAKE FOR ANY REASON

EXAMPLES OF NON-APPROVED SUBSTANCES

THIS LIST IS NOT INTENDED TO BE **all-encompassing**.

ALL MEDICATIONS MUST BE CLEARED THROUGH YOUR COUNSELOR PRIOR TO TAKING.

When in doubt do not use until you consult with drug court.

Alcohol Products including medicines and some “energy drinks”

OPIATES:

Codeine (Tylenol 3)
Morphine (Roxanal)
Diacetylmorphine (Heroin)
Hydrocodone (Vicodin, Lortab, Lorcet)
Hydromorphone (Dilaudid)
Ethylmorphine
Paracetamol (Remedine)
Pholsodine (Panacol-D)
Dihydrocodeine
Endocet
Suboxone

BENZODIAZEPINES:

Chlordiazepoxide (Librium)
Clonazepam (Klonopin)
Diazepam (Valium)
Flurazepam (Dalmane)
Lorazepam (Ativan)
Oxazepam (Serax)
Chlorazepate (Tranxene)
Alprazolam (Xanax)
Temazepam (Restoril)
Flunitrazepam (Rohypnol)
Bromazepam (Lexotan)
Clobazam (Frisium)
Triazolam (Halcion)
Delorazepam (Briantum)
Estazolam (Pro Som)
Lormetazepam (Noctamide)
Medazepam (Nobritol)
Nitrazepam (Somnite)
Prazepam (Demetrin)

ANABOLIC STERIODS:

Anadrol (oxymetholone)
Oxandrin (oxandrolone)
Durabolin (methandrostenolone)
Depo-Testosterone (testerone cypionate)
Winstrol (stanozolol)"Designer" Steroids

BARBITURATES:

Secobarbital (Seconal)
Phenobarbitone (Luminal)
Butabarbital (Butisol)
Amobarbital (Amytal)
Aprobarbital (Alurate)
Butalbital (Fioricet, Fiorinal)
Allobarbital
Alphenol
Barbital
Pentobarbital (Nembutal)
Phenobarbital (Donnatal)

PROPOXYPHENES:

Meperidine (Demerol)
Methadone (Dolophine)
Pentazocine (Talwin)
Dextropropoxyphene (Darvocet)

OTHERS:

Creatine
Carisoprodol (Soma)
Midrin, Flexaril
Tramadol
Ketamine
Oxycodone (Percodan, Percocet, Oxycotin)
Duragesic (Fentanyl)
Efavirenz (Sustiva)
Lamotrigine (Lamitcal)
Methadone
Phencyclidine (PCP)
Rohypnol (Flunitrazepam)
Daypro
Gabapentin/Neurontin

AMPHETAMINE/METHAMPHETAMINE:

Amphetamine (Benzedrine, Obetrol, Ritalin)
Didrex Eldepryl
Methamphetamine (Desoxyn)
Methylenedioxyamphetamine (MDA)
Dextroamphetamine (Adderall, Dexedrine)
Methylenedioxyamphetamine (MDMA)

DO NOT USE these products or anything containing these products:

Ma Huang	Dextromethorphan (many cough	Weight Loss Supplements
Poppy seeds	formulas labeled D or DM)	Proprietary blends
Phentermine	Pseudoephedrine (decongestant)	Any product labeled “not intended for
Ephedrine	Phenylpropanolamine	human consumption,” intended to be
Hoodia	Ambien, Lunesta	smoked, ingested or injected for the
Ranitidine (Zantac)	Antivert, Phenergan	purposes of “getting high.”
Vick’s Inhalers	Illicit compounds like “bath salts”	
	Kratom	Hemp Derivates (CBD Oil, etc.)

RECOVERY COMMUNITY MEETING SCHEDULE

(O) Open (C) Closed (D) Discussion (BBS) Big Book Study (BEG) Beginners (ST) Step Study (S/NS) Smoking/Non Smoking

AA Meetings

Bayou Black Group- St Anthony's Church – 3897 Bayou Black Dr – HOUMA - (All NS) - Mon (C, D) @ 8PM; Wed (O, BBS/ST) @ 7PM

Bayou Terrebonne Group- The Easy Does it Club-111 Munson Dr – HOUMA - (All O, NS)- Mon (BEG) @7PM; Wed (BBS) @ 7PM; Sun @ 8PM.

By You Side Group - No Name Group- 8616 E. Main St – HOUMA - (All O, NS) - Wed (Back to Basic) @ 8:15PM; Fri (Topic) @ 8:15PM.

Houma Group-The Easy Does it Club- 111 Munson Dr – HOUMA - (All O, NS) - Sun, Wed, Fri & Sat (D) @ 10AM; Mon, Tues & Thurs (BBS) @ 10AM; Sun through Thurs & Sat (D) @ Noon; Mon, Tues, & Thurs (D) @ 5:30PM; Tues (BBS) @ 8PM; Thurs (SP) @ 8PM; Fri (D) (WOMEN ONLY) @ 6:30PM; Fri (BBS) @ 8PM; Sat (D) @ 8PM (Candlelight). Last Saturday is Birthdays.

Letting Go Group- The Easy Does it Club- 111 Munson Dr – HOUMA - (All O, BBS, NS) - Wed & Fri @ 8:15PM; Fri @ Noon.

New Day Group - The Easy Does it Club- 111 Munson Dr – HOUMA - Mon, Wed & Fri @ 6:30AM.

No Life Group - The Easy Does it Club- 111 Munson Dr - HOUMA – (All O) – Fri (D) @ 8PM; Sun (D) @ 8PM; Tues @ 8PM.

No Name Group- 8616 E. Main St - HOUMA - (All NS) - Sun, Tue, Thurs (C, D) @ 7PM; Mon (C, BBS) @ 7PM; Wed (C, ST) @ 7PM; Fri & Sat (O, D) @ 7PM. Last Sunday is Birthdays.

Why Not Group -St. Matthew Episcopal Church- 243 Barrow St - HOUMA - (All C, D, NS) - Sun @ 6PM; Tue & Thurs @ 7PM.

Seeds of Serenity- Assisi Bridge House-600 Bull Run Rd - SCHRIEVER - Sun (O, NS) @ 6:30PM.

Came to Believe - Christ the Redeemer- 720 Talbot St – THIBODAUX - Tues (O, D, NS) @ 6PM.

High Noon Group - 505 St. Louis St – THIBODAUX - (All NS, O, D) – Sun through Sat @ Noon; Mon, Wed, Sat @ 7PM; Fri @ 9PM. 2nd Saturday of the month is an Eating/Speaker meeting 6PM-8PM.

Highway 1 Group - Bayou Vista Fire Station-100 Bayou Vista Dr - THIBODAUX - (All NS, O, D) - Tues & Fri @ 7PM.

Infinity Group - St John Episcopal Church- 718 Jackson St – THIBODAUX - (ALL O, NS) - Tues (ST) @ 7PM; Thurs (BBS) @ 7PM.

St. Jude Group - 210 Washington St – NAPOLEONVILLE - (All O, D, NS) - Sun & Tue @ 7PM; Thurs (Candlelight) @ 7PM. Last Sunday is Birthdays/Eatin' Meetin'.

Central Lafourche Group - Victory Life Church Youth Center-1200 Crescent Ave - LOCKPORT - (All NS, O) - Mon (BBS) @ 7:30PM; Thurs (D) @ 7:30PM. 1st Thursday is speaker, last Thursday is Birthdays.

Sisters in Recovery - One Day at a Time Club-18210 Suite #3, W. Main St – GALLIANO – Sat (NS & O) (WOMEN ONLY) @ 1:30PM.

Bayou Cajun Group - One Day at a Time Club- 18210 Suite #3, W. Main St - GALLIANO - (All NS & O) - Sun (D) @ 7:30PM; Mon (SP) @ 7:30PM; Wed (BBS) @ 7:30PM; Fri (D) @ 7:30PM; Sat (D) @ Noon. Last Monday is Birthdays.

NA Meetings

Crystal Meth Anonymous - The Easy Does it Club Room B- 111 Munson Dr – HOUMA – (BEG, D, O, NS) - Sat @ 8PM.

Stairway to Life Group - Second Chance Club- 307 Hickory St – THIBODAUX -(All NS, O) - Mon & Tues @ 7PM; Thurs, Fri, & Sat @ 7PM.

No Excuse Group - One Day at a Time Club- 18210 Suite #3, W. Main St - GALLIANO - (All O, NS)-Tues, Thurs, & Sat @ 7:30PM.